

Nameer R. Haider MD, FAAPM&R, DABPM

Advanced Physical Medicine & Rehabilitation, PLLC
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EDUCATION:

Baccalaureate in Science (B.Sc.)
University of Punjab

Baccalaureate Medicine, Baccalaureate Surgery (M.B., B.S.)
King Edward Medical College

MEDICAL LICENSURE: New York State, Virginia, Georgia, and Florida

EXPERIENCE:

1999- Present **MEDICAL DIRECTOR:** Sitrin Medical Rehabilitation Center, New Hartford, NY
Medical Director of Physical Medicine & Rehabilitation.

Responsible for medical direction for both inpatient and outpatient aspects of
care in this

40, 000 square foot 157 bed facility (40 Subacute Rehabilitation Beds).

Responsible for medical direction and administrative services of the facilities
initial CARF survey in 2000. The facility received three year accreditation.
Facility again received three year accreditation in 2003 survey.

PARTNER: Advanced Physical Medicine & Rehabilitation PLLC (DBA Spine &
Sports Medicine), Utica, NY. Founding partner of an outpatient pain
medicine/physical medicine practice providing Musculoskeletal/Orthopedic
Medicine and Occupational/Industrial Medicine. Services provided include
Electrodiagnostics, office based Interventional Fluoroscopic Pain Management,
Discography and Percutaneous Discectomy, Vertebroplasty, Radiofrequency
lesioning, Epidural Adhesiolysis, Spinal Endoscopy, Implantable spinal
stimulators, cranial/sympathetic/peripheral nerve blocks, Botox and Joint
injections, and medical expert testimony in motor vehicle and workers
compensation cases.

- 2001- Present **MEDICARE CONSULTANT (PM&R):** Empire Medicare Services, the fiscal intermediary for Medicare in states of NY, DE, CT, and PA. Provide consultation on issues involving PM&R.
- 1999- 2003 **MEDICAL DIRECTOR:** Rome Memorial Hospital, Rome, NY
Medical Director for a 14 bed Acute Inpatient Rehabilitation unit, responsible for medical direction of all aspects of inpatient rehabilitative services. Responsible for medical direction and administrative services of the facilities initial CARF survey in 2000. The facility received three year accreditation.
- 2001 **STANFORD UNIVERSITY:** Interventional Spinal Pain Management Course.
Gained proficiency in use of Interventional Fluoroscopy for treating spinal pain.
- 2000 **UNIVERSITY OF MARYLAND:** Instructional course in use of Intradiscal Electrothermal Annuloplasty in the treatment of Low Back Pain.
- 1998-1999 **CHIEF RESIDENT:** Northshore University: Long Island Jewish Health System
Albert Einstein College of Medicine, New Hyde Park, NY
Department of Physical Medicine and Rehabilitation
Experience in Electrodiagnosis/EMG, Musculoskeletal Medicine and Manipulation, Interventional/Fluoroscopic Pain Management, and Occupational Medicine.
- 1996-1998 **RESIDENT:** Northshore University: Long Island Jewish Health System
Albert Einstein College of Medicine, New Hyde Park, NY
Department of Physical Medicine and Rehabilitation
Experience in Inpatient/Outpatient Rehabilitation, Geriatric and Pediatric Rehabilitation, Consultation Service, TBI, SCI, and Burn Rehabilitation.
- 1995-1996 **INTERN:** East Carolina University Medical Center, Greenville, NC
Departments of Orthopedic, Trauma and Plastic Surgery, Neurology, Rheumatology, Emergency Medicine, Internal Medicine, and Pediatrics.
- 1992-1994 **MEDICAL AID ADMINISTRATOR:** Doctor's Overseas Charities, Manchester, England

Coordinated acquisition, storage, transport, and delivery of medical supplies to refugees in Bosnia, as well as medical attention for war injured Bosnian civilians in England.

1991-1992 **LABORATORY ADMINISTRATOR:** PAS Medical Laboratories, Utica, NY
Responsible for medical administration of a major regional reference laboratory.

1990-1991 **HOUSE SURGEON/PHYSICIAN:** Mayo Hospital, Lahore, Pakistan
An 1807 bed teaching hospital affiliated with King Edward Medical College.

CERTIFYING EXAMINATIONS:

USMLE I, USMLE II, USMLE III

Diplomate American Board of PM&R – Cert. # 6973 (07/01/02-06/30/12)

Diplomate American Board of Pain Medicine – Cert. # 13803 (02/24/03-02/24/13)

Diplomate ABA/ABPMR Subspecialty in Pain Medicine – Cert. # 443 (2003-2013)

PUBLICATIONS:

American Journal of Physical Medicine and Rehabilitation, April 1998

“Rehabilitation in Miller Fisher Variant of Guillaine Barre Syndrome”

PROFESSIONAL MEMBERSHIPS:

American Academy of Physical Medicine and Rehabilitation

Association of Academic Physiatrists

American Medical Association

Physiatric Association of Spine, Sports, and Occupational Rehabilitation

Medical Society of the State of New York (MSSNY)

Oneida County Medical Society

American Society of Interventional Pain Physicians

International Spinal Injection Society

American Academy of Pain Medicine

American Association of Orthopaedic Medicine

HONORS:

- 1982- Honors, New York State Science Congress
- 1984- Recipient, New York State Regents Scholarship
- 1988- College Colors in Swimming and Wrestling
- 1990- Graduated in top 10% of Medical School Class
- 1998- Elected, National resident representative for extramural affairs to the Association of Academic Physiatrists
- 1998- Recipient, Scholarship, Center for Mind and Body Medicine, Washington, DC
- 1998- Recipient, Rhone-Poulenc Scholarship in Physical Medicine and Rehabilitation
- 2000- Member of Oneida County Medical Societies Board of Trustees
- 2000- Elected, as Oneida County YPS Delegate to the MSSNY
- 2000- Elected, as MSSNY YPS Delegate to the AMA
- 2001- Elected, as MSSNY YPS Delegate to MSSNY House of Delegates
- 2001- Elected to Board of Directors for Fiberelectronics LLC
- 2002- Member of the New York State Workers' Compensation and Occupational Health, Injury Prevention and Control, and Physical Medicine and Rehabilitation (WCOH, IP&C, and PM&R) Committee
- 2003- Elected Treasurer Oneida County Medical Society
- 2003-Elected to Board of Directors for Four County Management LLC
- 2003-Elected AAPMR YPS delegate to American Medical Association HOD
- 2004- Elected Oneida County delegate to MSSNY HOD

CONTINUING EDUCATION:

- 2000- Moderator for CME grand rounds at Sitrin Rehabilitation Center, on recent developments in treatment of Lumbosacral Spinal Disorders, that included speakers from the departments of Neurosurgery, Orthopaedic Spine Surgery, and Interventional Physiatry .
- 2000- Guest Lecturer, Asa Gray Biological Society Lecture Series, Utica College of

- Syracuse University, Topic: Intradiscal Electrothermal Annuloplasty in Treatment of Low Back Pain.
- 2000- Clinical Instructor, Department of Physical Therapy, Utica College of Syracuse University
- 2001- Moderator for CME grand rounds at Sitrin Rehabilitation Center, on recent developments in the pharmacological treatment of pain.
- 2002- Interventional Pain Management Certificate Training Course, by the Society for Pain Practice Management
- 2002- University of Louisville, Interventional Pain Management CME conference, sponsored by the American Society of Interventional Pain Physicians.
- 2003- Training completed for Percutaneous Disc Decompression Nucleoplasty
- 2003- Training completed in Mechanical Percutaneous Discectomy- Dekompressor
- 2003- Training completed for Percutaneous Vertebroplasty
- 2003- Training completed for Cervical Percutaneous discectomy/Nucleoplasty
- 2003- Training completed for Heat and Pulsed Radiofrequency lesioning
- 2003- Co-Chair Central NY Academy of Medicine Orthopedics/PM&R Teaching day
- 2004- Training completed for Spinal Endoscopy
- 2004- Guest lecturer Grand Rounds St Elizabeth hospital and Little Falls Hospital
- 2004- Guest lecturer Mohawk Glen Family Practice Teaching Day

HOSPITAL PRIVILEGES:

Rome Memorial Hospital, St. Elizabeth's Medical Center, Faxton-St. Lukes Health System, Oneida Health Care Center, Little Falls Hospital, Carthage Hospital

SPEAKER'S BUREAU:

On Speaker's Panel for the following Pharmaceutical Companies: Janssen, Sanofi, Pfizer, Alpharma, Cephalon

PROCEDURES:

EMG/NCS
Interventional Fluoroscopic Pain Management

Minimally Invasive Spine Surgery

Transforaminal Epidural Steroid Injections at Cervical, Thoracic, Lumbar and Sacral Levels

Interlaminar epidurals at Cervical, Thoracic and Lumbar levels

Caudal Epidurals

Epidural Blood Patch

Facet joint injections at Cervical, Thoracic and Lumbar levels

Thoracic Costovertebral Joint injections

Cervical, Thoracic, and Lumbar Discography

Percutaneous Discectomy using Nucleoplasty and Discrod

Intradiscal Electrothermal Annuloplasty

Mechanical Percutaneous Discectomy with Dekompessor

Vertebroplasty

Medial Branch blocks at Cervical, Thoracic and Lumbar levels

Radiofrequency lesioning of medial branches to facet and sacroiliac joints

Pulsed Radiofrequency lesioning of cranial nerves, peripheral motor nerves, and spinal nerve DRG

Lumbar Epidural Adhesiolysis

Spinal Endoscopy

Implantable spinal stimulators

Cranial nerve blocks

Sympathetic nerve blocks at all levels

Peripheral nerve blocks

Trigger Point Injections

Botox and Joint injections

Joint Arthrography